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Post Operative Instructions for Fillings

After your visit today for the composite (white) fillings, please be careful to not bite your tongue or cheeks. They will return to normal within a few hours. Sometimes the injection site will remain sore for several days. This is not uncommon and will go away very soon. You can rinse with salt water if necessary.

The filling is complete and there are no restrictions with regards to eating or drinking. We recommended that you drink through a straw till the numbness from your injection is gone.

If you have any problems within the next week do not hesitate to call our office. Our assistant will be glad to answer any questions you may have.