

Kim C. Norman, D.D.S.
734 West Lamar Alexander Pkwy
Maryville, Tn 37801
865-982-9662

Instruction for Peridex use:

Immediately fill your prescription.

Rinse the mouth with a half ounce of Peridex liquid twice a day. Morning and bedtime are best.

This bottle should last about two weeks. Use the medicine cup we provided to help you measure correctly.

Do not eat, drink or brush after using the rinse for at least one hour.

Please finish the entire bottle for best results. Also continue to brush at least twice a day and floss daily.

If you have any questions or concerns don't hesitate to contact our office.