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Post Operative Instructions ***Extractions***

Please do not rinse your mouth today. Tomorrow you can rinse gently with salt water mixture, every 3 to 4 hours.

Do not drink any carbonated, alcoholic and hot beverages for at least 24 hours after the extraction.

No mouthwash for 24 hours

No smoking for 24 hours

No drinking through a straw for 48 hours.

Following your visit for this extraction, some bleeding can occur. Place gauze over the area and bite down for at least five minutes recheck for bleeding and repeat if necessary. If you have prolonged bleeding you can wet a tea bag with warm water, squeeze out the excess water and bite down on this for five minutes.

If you experience any swelling of your face place an ice pack to the area for 15 minute intervals. With a five minute break in between.

Pain medications are to be taken as directed. Tylenol can be substituted in between as needed.

We do recommend a light diet for the first 48 hours.

If you have any questions or concerns don't hesitate to contact our office. We will be glad to answer any questions you may have.