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## **Post Operative Instructions for Fillings**

*After your visit today for the composite (white) fillings, please be careful to not bite your tongue or cheeks. They will return to normal within a few hours. Sometimes the injection site will remain sore for several days. This is not uncommon and will go away very soon. You can rinse with salt water if necessary.*

*The filling is complete and there are no restrictions with regards to eating or drinking. We recommended that you drink through a straw till the numbness from your injection is gone.*

*If you have any problems within the next week do not hesitate to call our office. Our assistant will be glad to answer any questions you may have.*